



## Spiritual Life Coach Agreement

1. This agreement shall be between (Client Name) \_\_\_\_\_, hereinafter referred to as “client” and Christina Forestieri, hereinafter referred to as “coach”.

2. Client understands that coach is not a licensed Tennessee State mental health professional and does not provide psychotherapy, counseling, or any other mental health service that would require a license, nor does coach hold themselves out to provide such services. Coach is not a medical doctor and does not practice medicine. Therapists diagnose and provide professional expertise and guidelines, and coaches help clients identify the challenges, then work in partnership with clients to obtain their goals. Coach makes it clear that she is not a Pastoral counselor. Coach does not diagnose, cure, heal, treat disease or otherwise prescribe medication. Any spiritual coaching work is not a substitute for conventional medical diagnosis or treatment for any medical or psychological condition. For such issues, you should seek the proper licensed physician or healthcare professional. Or any advice from a legal professional if need be. These sessions do not in any way constitute legal, medical, financial, or professional advice. I am a minister and my work is spiritually based and I believe all healing is spiritual in nature. I do not make any promises, warranties or guarantees about results of my work or of the energy sessions. The sessions help many people but like any modality it won't work for everyone. Coach provides transformative educational services that often result in substantial learning and guides towards spiritual renewal.

Client understands that the use of spiritual life coach sessions is for insight purposes only and is not intended to be regarded as professional judgment, direction, advice, or treatment. Client understands that Coach makes no guarantees of any particular outcome. If participation in the sessions causes Client emotional distress, Client will seek the services of a professional counselor. Coach will not be liable for any resulting physical harm, up to and including death.

Since references to the future and outcomes are based on God's divine timeline, potentials, possibilities, and probabilities at the time of the session based on your actions and other people's actions or inactions and due to interpretation as to what was said at the time of our session together, you understand that there is no guarantee on the accuracy rate of our sessions together, or consultations and it is not fortune-telling,

or guaranteed redemption for those seeking forgiveness for any sins they may have committed. Client understands that coach is not a Priest, or any form of clergy that participates in the Sacrament of Confession nor does this site imply or infer such.

3. Client understands the spiritual life coaching offered is based on exploring deeper connections between people and the Divine God, using mindfulness techniques, coupled with universal spiritual principles and applied teachings. While both Pastoral Counseling and Spiritual Life Coaching can assist you with applying your confidence to your life in additional significant and strong ways, peaceful advising is primarily concerned about assisting individuals with conquering issues that are causing huge battles in your own close to home, emotional, social life. Spiritual Life Coaching centers only around assisting individuals gathering resources, developing skills and abilities they need to accomplish greater, more rapid spiritual and personal development. Client understands that the coach is not a Licensed Marital and Family Therapist (LMFT), Licensed Clinical Social Worker (LCSW), Licensed Professional Counselor/Mental Health Service Provider (LPC/MHSP), Licensed Clinical Pastoral Therapist (CPT), Psychologist, Psychiatrist, Certified Psychoanalysts or Psychotherapist.

4. Client agrees to be on time for each appointment, whether conducted on the phone, skype, or in person. Client understands that if a scheduled appointment begins late due to their failure to be available at the agreed upon start time, the appointment will still terminate at the appointed end time.

5. Client agrees to make session cancellations by leaving a voicemail 24 hours before the scheduled appointment. Client understands that if they fail to do so, they are still responsible for the full amount of the fees for that appointment.

6. Client understands that the coaching relationship will be for \_\_\_\_\_ weeks/sessions. Sessions are approximately 1.5 hour in length unless otherwise specified.

7. Client understands it is both ill-advised and detrimental to the work coach provides to terminate this relationship prior to the agreed duration. If client chooses to discontinue the work, they are still financially responsible for the entire duration of this contract.

8. Client understands all payments shall be made in the form of cash, credit card or cashier's check, regardless of the amount or frequency. The attached payment agreement is incorporated into this agreement.

9. Client agrees to take an active role in the spiritual life coaching process by being absolutely honest with the coach and themselves about any feelings or issues the client may have around the coaching process, or the coach.
10. Client understands that any and all issues discussed in the context of the coaching process are confidential, and will be treated as such, unless they give their expressed written permission to coach communicating and authorizing otherwise.
11. Client understands that they are completely responsible for their own business, emotional life, actions and the results they are experiencing in their life, and they initiate the coaching process with this in mind.
12. Client understands that coach actively markets her business based on a formalized referral system. If a client is satisfied with the results of this work, they agree to refer one other individual for an explorative consultation.
13. This Agreement shall be construed and governed by the laws of the State of Tennessee. In the event any disputes arise from this agreement the losing party shall pay all of the prevailing parties associated costs including reasonable attorney fees.
14. Client understands that he/she may benefit from Spiritual Life Coaching, but results cannot be guaranteed or assured. The benefits may include but are not limited to: finding a greater ability to express thoughts and emotions, sense of clarity and direction, better perspective of oneself and surrounding relationships, among others.
15. Guided imagery exercises, imagery, guided meditations or other exercises offered during any/all sessions are for educational, entertainment and general informational purposes only.
16. By using any of the exercises or information offered by Coach you agrees to not to hold liable Christina Forestieri, Christina Forestieri-Nuzzo, Christina Nuzzo, Minister Christina Forestieri, ORDM Christina Forestieri, Doctor of Divinity, (H.C.), or any subsidiaries or agents acting on the behalf of the aforementioned parties for any and all legal claims, arising therefrom.

**Confidentiality:** All information disclosed in the Client Registration Form, and during our verbal conversations is confidential and may not be revealed to anyone without client's written permission, except where disclosure is required by law. No information about any client will be discussed or shared with any third party without written consent of the client or parent/guardian if the client is under 18.

I have read and understand the above terms and commitments. I understand and acknowledge that I am solely and personally responsible for application of the information offered by the coach. The information presented in the spiritual life coaching sessions with Christina Forestieri is for educational and informational purposes only and is offered for personal use. I agree to take responsibility and comply with all of the Disclosures listed above in this statement.

Print Name:

\_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Parent or Guardian Print Name \_\_\_\_\_

Parent or Guardian Signature \_\_\_\_\_

Date \_\_\_\_\_